

3 March 2020

**Re: Official Information Act request – Addiction Services**

I refer to your Official Information Act request dated 13 December 2019 to the MoH and transferred from the MoH to Auckland DHB on 30 January 2020 requesting the following information. The MoH will respond to questions 1-2 and Auckland DHB will respond to questions 3 through 6.

1. Can you please provide a list of the different types of addiction services people can access through the public health system? *(To be responded to by the MoH)*
2. How many rehab and detox beds are currently available through the public health system for people addicted to drugs and alcohol? *(To be responded to by the MoH)*
3. How many people were put on a waitlist to access detox and rehab addiction services each year over the past four years (2016 - 2019)
4. Can each year please be broken down into months i.e. the number of people each month put on a waitlist?
5. Can the wait/isled people please be broken down into category i.e. what service it was that they were wanting to access, and were subsequently wait/isled for?
6. Can you please categorise these waitlisted people into wait-times. i.e. those who had to wait 5 weeks, 6 weeks, 7 weeks and so on....

If there is anything that is within the spirit of this request that has not been covered by this email then please consider it to be included in this request.

3. How many people were put on a waitlist to access detox and rehab addiction services each year over the past four years (2016 - 2019?)

Drug and Alcohol detoxification and rehabilitation services are available across the three metro Auckland DHBs. This includes the CADS (Community Alcohol and Drug Service)

delivered by Waitematā DHB to the three metro Auckland DHBs, and a number of NGO provided services.

CADS only operate waitlists for inpatient detoxification beds. All other CADS services (e.g. counselling, groups and pregnancy and parental services) do not have capped referral or caseload volumes, and so don't operate a waitlist.

Table 1 below shows the number of Auckland District Health Board people waitlisted for CADs medical detox beds, by year:

**Table 1: ADHB population on CADS Medical Detox waitlist by year**

| Year | Number of People on Waitlist |
|------|------------------------------|
| 2016 | 267                          |
| 2017 | 250                          |
| 2018 | 267                          |
| 2019 | 300                          |

Non-Government Organisations also provide alcohol and drug services across metro Auckland which are available to the Auckland DHB population. Waitlist data is not collected from the NGOs by the metro Auckland DHBs in the PRIMHD (Programme for the Integration of Mental Health Data) reporting system.

4. Can each year please be broken down into months i.e. the number of people each month put on a waitlist?

**Table 2: ADHB population on CADS Medical Detox waitlist by month**

| Unique_new_client_per_month<br>Months | DHB of Domicile<br>Auckland |
|---------------------------------------|-----------------------------|
| <b>2016</b>                           |                             |
| Jan                                   | 19                          |
| Feb                                   | 26                          |
| Mar                                   | 21                          |
| Apr                                   | 19                          |
| May                                   | 25                          |
| Jun                                   | 23                          |
| Jul                                   | 20                          |
| Aug                                   | 25                          |
| Sep                                   | 14                          |
| Oct                                   | 24                          |
| Nov                                   | 24                          |
| Dec                                   | 27                          |

| <b>2017</b>        |             |
|--------------------|-------------|
| Jan                | 18          |
| Apr                | 12          |
| May                | 30          |
| Jun                | 20          |
| Jul                | 22          |
| Aug                | 27          |
| Sep                | 25          |
| Oct                | 18          |
| Nov                | 22          |
| Dec                | 26          |
| <b>2018</b>        |             |
| Jan                | 16          |
| Feb                | 14          |
| Mar                | 17          |
| Apr                | 23          |
| May                | 31          |
| Jun                | 25          |
| Jul                | 20          |
| Aug                | 27          |
| Sep                | 29          |
| Oct                | 18          |
| Nov                | 20          |
| Dec                | 27          |
| <b>2019</b>        |             |
| Jan                | 23          |
| Feb                | 19          |
| Mar                | 36          |
| Apr                | 22          |
| May                | 17          |
| Jun                | 26          |
| Jul                | 31          |
| Aug                | 28          |
| Sep                | 25          |
| Oct                | 24          |
| Nov                | 30          |
| Dec                | 19          |
| <b>Grand Total</b> | <b>1084</b> |

Waitlist data is not collected from the NGOs by the metro Auckland DHBs in the PRIMHD (Programme for the integration of Mental Health Data) reporting system.

**5. Can the wait/listed people please be broken down into category i.e. what service it was that they were wanting to access, and were subsequently wait/listed for?**

As noted above CADS only operates a waitlist for inpatient detoxification bed, and waitlist data is not collected from the NGOs by the metro Auckland DHBs in the PRIMHD (Programme for the integration of Mental Health Data) reporting system.

**6. Can you please categorise these waitlisted people into wait-times. i.e. those who had to wait 5 weeks, 6 weeks, 7 weeks and so on....**

Please see the table 3 below providing wait-times for the Auckland DHB population for CADs inpatient detoxification unit.

**Table 3: ADHB population waitlist volumes by time waited (weeks) for admission to inpatient detoxification – 2016 to 2019**

| Year/<br>Month | <3<br>Wks | 3 -4<br>Wks | >4 - 5<br>Wks | >5 -6<br>Wks | >6 -7<br>Wks | >7 -8<br>Wks | 8+<br>Wks | Grand<br>Total |
|----------------|-----------|-------------|---------------|--------------|--------------|--------------|-----------|----------------|
| <b>2016</b>    |           |             |               |              |              |              |           |                |
| Jan            | 8         | 3           | 4             |              |              |              |           | 15             |
| Feb            | 11        | 1           | 2             |              |              | 1            |           | 15             |
| Mar            | 13        | 2           | 4             | 1            |              |              |           | 20             |
| Apr            | 4         | 1           | 1             | 3            | 1            |              |           | 10             |
| May            | 10        | 3           | 2             | 2            | 1            |              |           | 18             |
| Jun            | 9         | 4           | 1             | 1            |              | 1            |           | 16             |
| Jul            | 7         | 4           | 3             |              | 1            |              |           | 15             |
| Aug            | 11        | 3           | 4             | 2            |              |              |           | 20             |
| Sep            | 6         | 2           | 3             | 1            | 2            | 1            |           | 15             |
| Oct            | 9         | 2           | 2             | 1            |              |              |           | 14             |
| Nov            | 19        | 2           |               |              |              |              |           | 21             |
| Dec            | 18        |             |               |              |              |              |           | 18             |
| <b>2017</b>    |           |             |               |              |              |              |           |                |
| Jan            | 5         | 7           |               |              | 1            |              |           | 13             |
| Feb            | 11        | 3           |               |              |              |              |           | 14             |
| Mar            | 13        |             |               |              |              |              |           | 13             |
| Apr            | 11        | 1           |               |              |              |              | 1         | 13             |
| May            | 18        | 2           |               |              |              |              |           | 20             |
| Jun            | 13        | 5           |               |              |              |              |           | 18             |
| Jul            | 13        | 3           |               |              |              |              |           | 16             |
| Aug            | 16        | 2           |               | 1            |              |              | 1         | 20             |

|                    |            |            |           |           |           |           |           |            |
|--------------------|------------|------------|-----------|-----------|-----------|-----------|-----------|------------|
| Sep                | 8          | 8          | 2         |           |           | 1         |           | 19         |
| Oct                | 1          | 8          | 9         |           |           |           |           | 18         |
| Nov                | 12         | 4          | 2         |           |           |           |           | 18         |
| Dec                | 12         | 6          | 1         | 3         |           |           |           | 22         |
| <b>2018</b>        |            |            |           |           |           |           |           |            |
| Jan                | 10         | 3          | 2         | 1         |           |           |           | 16         |
| Feb                | 7          | 4          | 1         | 1         |           |           |           | 13         |
| Mar                | 11         | 5          |           |           |           |           |           | 16         |
| Apr                | 7          | 3          |           | 1         |           |           |           | 11         |
| May                | 13         | 3          | 2         | 1         | 1         |           |           | 20         |
| Jun                | 10         | 3          | 1         | 2         | 1         |           |           | 17         |
| Jul                | 12         | 2          | 4         | 4         | 1         |           |           | 23         |
| Aug                | 9          | 2          | 1         | 3         | 2         |           | 1         | 18         |
| Sep                | 12         | 3          |           | 2         |           |           |           | 17         |
| Oct                | 9          | 3          | 2         |           | 2         |           |           | 16         |
| Nov                | 9          |            | 2         |           | 1         | 1         |           | 13         |
| Dec                | 10         | 2          | 1         | 2         | 1         |           |           | 16         |
| <b>2019</b>        |            |            |           |           |           |           |           |            |
| Jan                | 7          | 3          | 1         | 6         | 2         |           |           | 19         |
| Feb                | 6          |            | 1         | 6         | 2         |           |           | 15         |
| Mar                | 9          | 1          | 1         | 2         |           |           |           | 13         |
| Apr                | 7          | 1          | 2         | 1         | 1         | 1         |           | 13         |
| May                | 7          |            |           | 1         |           | 5         | 1         | 14         |
| Jun                | 6          | 2          |           |           |           | 1         | 2         | 11         |
| Jul                | 9          | 2          | 1         | 5         | 2         |           |           | 19         |
| Aug                | 8          |            | 1         | 1         | 3         | 3         | 2         | 18         |
| Sep                | 6          | 1          |           |           | 1         | 2         | 1         | 11         |
| Oct                | 7          |            | 2         |           |           |           | 8         | 17         |
| Nov                | 12         | 1          |           |           | 1         | 1         | 2         | 17         |
| Dec                | 8          | 2          |           |           |           | 1         | 4         | 15         |
| <b>Grand Total</b> | <b>469</b> | <b>122</b> | <b>65</b> | <b>54</b> | <b>27</b> | <b>19</b> | <b>23</b> | <b>779</b> |

Whilst waitlist data is not collected from the NGOs by the metro Auckland DHBs in the PRIMHD (Programme for the integration of Mental Health Data) reporting system, wait-times are collected from PRIMHD for *residential* rehabilitation and detoxification services. See table 4 below.

**Table 4: ADHB population waitlist volumes by time waited (weeks) for NGO AOD residential services – 2016 to 2019**

|      |          | ADHB       |  |      |          | ADHB       |  |
|------|----------|------------|--|------|----------|------------|--|
| 2016 | 1 week   | 468        |  | 2017 | 1 week   | 597        |  |
|      | 2 weeks  | 6          |  |      | 2 weeks  | 6          |  |
|      | 3 weeks  | 4          |  |      | 3 weeks  | 8          |  |
|      | 4 weeks  | 2          |  |      | 4 weeks  | 1          |  |
|      | 5 weeks  | 3          |  |      | 5 weeks  | 2          |  |
|      | 6 weeks  | 4          |  |      | 6 weeks  | 2          |  |
|      | 7 weeks  | 2          |  |      | 7 weeks  | 4          |  |
|      | 8 weeks  | 1          |  |      | 8 weeks  | 3          |  |
|      | >8 weeks | 12         |  |      | >8 weeks | 15         |  |
|      |          | <b>502</b> |  |      |          | <b>638</b> |  |
|      |          | ADHB       |  |      |          | ADHB       |  |
| 2018 | 1 week   | 620        |  | 2019 | 1 week   | 557        |  |
|      | 2 weeks  | 8          |  |      | 2 weeks  | 21         |  |
|      | 3 weeks  | 8          |  |      | 3 weeks  | 10         |  |
|      | 4 weeks  | 8          |  |      | 4 weeks  | 16         |  |
|      | 5 weeks  | 9          |  |      | 5 weeks  | 13         |  |
|      | 6 weeks  | 0          |  |      | 6 weeks  | 9          |  |
|      | 7 weeks  | 6          |  |      | 7 weeks  | 10         |  |
|      | 8 weeks  | 5          |  |      | 8 weeks  | 7          |  |
|      | >8 weeks | 13         |  |      | >8 weeks | 20         |  |
|      |          | <b>677</b> |  |      |          | <b>663</b> |  |

You are entitled to seek a review of the response by the Ombudsman under section 28(3) of the Official Information Act. Information about how to make a complaint is available at [www.ombudsman.parliament.nz](http://www.ombudsman.parliament.nz) or freephone 0800 802 602.

Please note that this response, or an edited version of this response, may be published on the Auckland DHB website.

Yours faithfully



Ailsa Claire, OBE  
Chief Executive