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Re Official Information Request for number of mental health patients treated while under the influence of methamphetamine and synthetic cannabis

I refer to your official information request of 3 December 2018 and further clarification on 10 December 2018 for the following information:

- 1. The number of patients who have been treated at a mental health facility in the DHB while under the influence of Methamphetamine in the past five years
- 2. The number of patients who have been treated at a mental health facility in the DHB while under the influence of Synthetic Cannabis in the past five years
- 3. How many seclusion rooms are there at mental health facilities in the DHB

The information we have released to you follows:

The data represent the number of service users discharged from one of the three mental health acute inpatient units (child/adolescent; adult; older adult) who have diagnoses including methamphetamine, synthetic cannabinoids, or both. The service users who are in "both" are also included in the individual categories.

| Year | 2013/14 | 2014/15 | 201515/16 | 2016/17 | 2017/18 |
|-----------------|---------|---------|-----------|---------|---------|
| Methamphetamine | 56 | 57 | 82 | 78 | 81 |
| Synthetic | | | | | |
| cannabinoids | 70 | 52 | 27 | 19 | 9 |
| Both | 9 | 9 | 8 | 7 | - 6 |

Please note that there are some service users who have diagnoses associated with polysubstance use which may include either methamphetamine or synthetic cannabinoids. However, it is not possible to identify specific substances from the reports available to us.

3. How many seclusion rooms are there at mental health facilities in the DHB

ADHB is committed to treating mental health service users in the least restrictive ways possible. While ADHB Mental Health and Addictions has one of the lowest rates of use of seclusion by any mental health service in New Zealand, we continue to try to reduce and eliminate the use of seclusion. As such, along with other mental health services, we are part of the Health Quality and Safety Commission Seclusion 2020 project to eliminate seclusion.

ADHB MHS has three acute inpatient units. The older adult unit does not have a seclusion room. The child and adolescent inpatient unit decommissioned their seclusion room in December 2018 so they no longer have this available and no longer use seclusion. The adult acute inpatient unit has two seclusion rooms.

I trust this information answers your questions.

You are under the Official Information Act section 28(3) to seek a review of this response by the Ombudsman. Information about how to make a complaint is available at www.ombudsman.parliament.nz or freephone 0800 802 602.

Please note that this response, or an edited version of this response, may be published on the Auckland DHB website.

Yours faithfully

Ailsa Claire, OBE

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Chief Executive